



FOR IMMEDIATE RELEASE

Professional SportsCare & Rehab Appoints Five Physical Therapists to Greater Washington, DC Area Clinical Staff

Washington, DC., November 14, 2011 -- [Professional SportsCare & Rehab](#), a top provider of physical therapy, aquatic therapy and sports medicine services, has appointed Ashley M. Speights, DPT; Jill Brenner, PTS, ATC; Sofia K. Anagnos, DPT; Laura Cunningham, DPT; Jake Friedman, DPT and Stacey Surnear, MS, PT, MDT to its clinical staff serving the greater Washington, DC area.

"We are excited to add these new members to our clinical staff in the DC area," said Gary Katz, Co-owner of Professional SportsCare & Rehab. "We know that their skills and experiences will be tremendous assets to our team and allow us to provide excellent care to our patients."

Ashley Speights, DPT:

- Speights, DPT joins the clinical staff at the G Street clinic in Washington, DC.
- Previously, Speights worked as a physical therapist at an outpatient clinic in Alexandria, Va.
- Speights earned her Doctor of Physical Therapy Degree from Duke University.
- She holds a Bachelor of Science Degree in Kinesiology with a concentration in Sports Medicine from the University of Virginia.

Jill Brenner, PTS, ATC:

- Brenner, PTS, ATC joins the clinical staff at the G Street clinic in Washington, DC.
- Brenner joins Professional SportsCare & Rehab from the Miller School of Medicine at the University of Miami where she earned her degree in Physical Therapy.
- Brenner is a Certified Athletic Trainer. She earned her Bachelor of Science Degree in Kinesiology from the University of Michigan with a concentration in Athletic Training.
- Brenner completed clinical rotations with the VA Hospital in Salt Lake City, Ut., Baptist Hospital in Miami, Fla., Children's Memorial Hospital in Chicago Il. and Select Physical Therapy in Sun City Center Fla.

Sofia Anagnos, DPT:

- Anagnos, DPT serves as the Clinical Director for Professional SportsCare & Rehab's new Vermont Avenue clinic in Washington, DC.
- Anagnos has more than three years experience working in outpatient orthopedics and post-surgical rehabilitation.
- She received her Doctor of Physical Therapy degree from Virginia Commonwealth University and Bachelor of Science in Health Science from James Madison University.

Laura Cunningham, DPT:

- Cunningham, DPT serves as a clinician at Professional SportsCare & Rehab's Arlington, Va. location.
- Previously, Cunningham worked with Bodies in Motion in Falls Church, Va. where she worked in outpatient rehabilitation.
- She earned her Doctor of Physical Therapy Degree from Virginia Commonwealth University.

Jake Friedman, DPT:

- Friedman, DPT serves a clinician at the Alexandria, Va. clinic.
- Friedman earned his Doctor of Physical Therapy from The University of Connecticut.

Stacey Surnear, MS, PT, MDT:

- Surnear, MS, PT, MDT joins the clinical staff in the Arlington and Alexandria locations.
- Previously, she worked as a Senior Physical Therapist at Cleveland Clinic Sports Health and Rehabilitation Center in Solon, Oh.

For more information about Professional SportsCare & Rehab visit, <http://www.prosportscare.com/>. For more information about Professional SportsCare & Rehab's G Street clinic or to schedule an appointment, please call 202-347-7745. For the Vermont Avenue clinic, please call 202-289-2266. For more Arlington clinic, please call 702-552-1060. For the Alexandria clinic, please call 703-751-1052.

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About Professional SportsCare & Rehab: Professional SportsCare & Rehab is a top provider of physical therapy, aquatic therapy and sports medicine services with thirteen locations throughout the Washington D.C metro area. Its staff is comprised of the region's most reputable clinicians who specialize in athletic injuries, general orthopedics, post-operative care, total joint rehab, spine care, hand therapy, industrial rehabilitation and work solutions, arthritis and pain management, wellcare and fitness. Professional SportsCare & Rehab is part of an extensive sports medicine network, providing athletic training and other sports medicine-related services to over 25 Baltimore-Washington, DC area high schools, as well as university and professional athletes. It is the preferred physical therapy provider of the region's top physicians. Professional SportsCare & Rehab is a physical therapist-owned and managed company co-founded by Greg Smith, MS, ATC and Head Athletic Trainer for the Washington Capitals of the National Hockey League. To learn more about Professional SportsCare & Rehab or to schedule an appointment, please visit www.prosportscare.com.