



**FOR IMMEDIATE RELEASE**

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**Professional SportsCare & Rehab Appoints Katie Cicia as the  
Certified Athletic Trainer for River Hill High School**

**College Park, Md., October 11, 2011--** [Professional SportsCare & Rehab](http://www.prosportscare.com/), a top provider of physical therapy, aquatic therapy and sports medicine services, today announced that Katie Cicia, MS, ATC has joined its Sports Medicine Outreach Program and will serve as the Certified Athletic Trainer (ATC) for River Hill High School in Howard County, Md.

Cicia recently graduated from Temple University with a Master of Science degree in Kinesiology with a concentration in Athletic Training. She also holds a Bachelor of Science degree in Athletic Training. Cicia served as Temple's graduate Assistant Athletic Trainer, working with the men and women's gymnastics teams and women's field hockey and lacrosse teams. She also served as the ATC for the Tri-State Lacrosse Tournament and Temple Boy's gymnastics invitational.

"We are thrilled to have Katie on our Sports Medicine team," said Greg Smith, MS, ATC, Co-owner of Professional SportsCare & Rehab and Head Athletic Trainer for the Washington Capitals of the National Hockey League. "Her experience and work ethic will make her a tremendous asset to the student athletes at River Hill High School."

Certified Athletic Trainers (ATCs) are unique health care professionals who specialize in the prevention, assessment, treatment and rehabilitation of injuries that occur to athletes and the physically active. ATCs are formally trained in the areas of injury and illness prevention, first aid and emergency care, assessment of injury and illness, human anatomy and physiology, as well as therapeutic modalities nutrition. They have received degrees from accredited training programs. In addition to providing physical care, ATCs also specialize in patient education to help individuals prevent injury and reinjury.

Professional SportsCare & Rehab's Sports Medicine Outreach Program provides ATCs to eight out of twelve high schools in Howard County. For more information about Professional SportsCare & Rehab, visit <http://www.prosportscare.com/>.

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***About Professional SportsCare & Rehab:*** Professional SportsCare & Rehab is a top provider of physical therapy, aquatic therapy and sports medicine services with thirteen locations throughout the Washington D.C metro area. Its staff is comprised of the region's most reputable clinicians who specialize in athletic injuries, general orthopedics, post-operative care, total joint rehab, spine care, hand therapy, industrial rehabilitation and work solutions, arthritis and pain management, wellcare and fitness. Professional SportsCare & Rehab is part of an extensive sports medicine network, providing athletic training and other sports medicine-related services to over 25 Baltimore-Washington, DC area high schools, as well as university and professional athletes. It is the preferred physical therapy provider of the region's top physicians. Professional SportsCare & Rehab is a physical therapist-owned and managed company co-founded by Greg Smith, MS, ATC and Head Athletic Trainer for the Washington Capitals of the National Hockey League. To learn more about Professional SportsCare & Rehab or to schedule an appointment, please visit [www.prosportscare.com](http://www.prosportscare.com/).